

COUNTRY CHRISTIAN



ATHLETIC HANDBOOK

Country Christian School Athletic Handbook

Table of Contents

Mission Statement_____	3
Purpose of Athletics_____	3
Code of Conduct_____	3
Sports Offerings_____	4
Sportsmanship_____	5-7
Academic Eligibility_____	8
Participation Prerequisites_____	8
Athletic Fees_____	8
Country Christian Athletic Policy_____	9-10
Criteria for Coaches_____	10
Coaching Code of Ethics_____	10-11
Discipline_____	11
Chain of Command_____	12
Communication_____	12-13
Practice Responsibilities_____	14
Game Responsibilities_____	14-15
Transportation Responsibilities_____	15-16
Uniform Use_____	16
Letter Awards_____	16-18
Gate and Concessions_____	19
Sports Pictures_____	19

Electronic access to this document is available at www.ccsmolalla.com/athletics

Mission Statement

The purpose of the Athletic program at Country Christian school is to provide interscholastic athletics for all students with a focus on developing skills, commitment, responsibility, teamwork, problem solving, etc. that will promote growth in their spiritual walk as well as prepare them for adulthood.

Purpose of Athletics

Country Christian School was established to train, prepare, and equip young people to spread the Gospel of Jesus Christ. Athletics are a vital part of this process. The lessons learned through athletic competition help develop the Christian character of those who participate. A microcosm of life is provided to test the qualities necessary to succeed in any area of life.

Code of Conduct

The thrill of winning or the disappointment of defeat will soon pass away. However, the way the game was played will have a lasting influence upon the shaping of a player's character. Lessons learned along the road of athletic experience are far more important than simply accomplishing a seasonal goal.

Colossians 3:23 summarizes a proper code of conduct for coaches, players and fans:

"...And whatsoever you do, do it heartily, as to the Lord, and not unto men."

Sports Offerings

Country Christian sports regularly offer soccer, volleyball, cross country, basketball, and baseball, but availability is based on student participation and budget constraints. Country Christian's enrollment is not large enough to support offering more than one sport, per gender, per season. At this time CCS offers the following sports:

- Fall season
 - Kindergarten Soccer (co-ed)
 - 1st/2nd Soccer (co-ed)
 - 5th/6th Volleyball* (girls only)
 - 6th-8th Cross Country (boys only)
 - 7th-8th Volleyball (girls only)
 - 9th-12th Cross Country** (boys only)
 - 9th-12th Volleyball (girls only)
- *4th grade girls may be invited to participate if there is availability on the team
- **girls requesting to participate in high school cross country are pending approval by athletic director and principal.
- Winter Season
 - Kindergarten Basketball (co-ed)
 - 1st/2nd Basketball (co-ed)
 - 3rd/4th Basketball (girls and boys, co-ed possible depending on registration)
 - 5th/6th Basketball (girls and boys, co-ed possible depending on registration)
 - 7th/8th Basketball (girls and boys, co-ed possible depending on registration)
 - 9th – 12th Basketball (girls and boys)
- Spring Season
 - Kindergarten – 2nd T-Ball (co-ed)
 - 2nd – 4th Rookie Baseball (co-ed)
 - 5th-6th Midget Baseball (co-ed)
 - 6th 8th Seniors Baseball (co-ed)
 - 9th-12th Baseball (co-ed)
 - 9th-12th Golf (girls only)
- Note for all seasons: on a case by case basis, youth coaches, with approval by athletic director and/or principal, may invite an athlete one grade below to "play up" if the seasons do not conflict and/or it does not leave the younger team with too few players to field a team.

Sportsmanship

AS A PLAYER: Representing Country Christian by being a participant on one of the athletic teams is an honor. To represent Country Christian, the student must develop such qualities as self-discipline, team work, fair play, acceptance of common rules, equality, and sacrifice for the good of the group in the form of team loyalty. They must accept the responsibility and privilege of representing Country Christian and the community.

AS FANS: The impression visitors will take away from our school, or the impression developed on the road depends upon the spectators and our student body. Students and parents, have very definite responsibilities as representatives of our school. To become better ambassadors for Country Christian we will strive to perform in the following manner:

True sportsmen:

1. Exercise self-control
2. Recognize and support the efforts of coaches, officials, athletic director and school administrators.
3. Make the visiting team and officials feel at home and wish to return.
4. Conduct ourselves in such a manner that visitors will feel as though they have been treated fairly or dealt with in a sportsman-like way. We are to regard our opponents as those who are helping us to achieve a higher degree of proficiency and excellence. We must keep in mind a game is being played and the final score does not determine the better team in any ultimate sense. In this regard, we play with, not against, the other team. The other team is a competitor or contestant, not the enemy or assailant.
5. Treat officials with courtesy and respect. The officials assigned here give their time to help school athletics. It is true that they receive a fee for their services, but people of their character will not subject themselves to ill treatment for the sake of a fee. Respect their opinion and judgment and recognize they have a difficult job to perform.
6. Recognize that visiting teams have been well coached and have practiced hard, and their success is not "luck" or a "gift" from the officials. Please acknowledge their ability and give credit where credit is due.
7. **ALL FANS** should direct their attention at encouraging their team, rather than verbally assaulting coaches, players, or officials. Fans that are

ejected from a contest may be asked to complete an NFHS online course in anger management prior to being allowed to attend another contest.

8. **ALL FANS SHOULD REMEMBER** that they represent our school as well when communicating in open public communications on the "World Wide Web".

REMEMBER: Our actions
constitute a testimony for ourselves,
our school,
and for our Lord Jesus Christ.

Make it POSITIVE!



A private, non-profit organization enriching the lives of Oregon students.

OSAA SPORTSMANSHIP STATEMENT

Interscholastic activities are an integral part of the educational curriculum and experience. High school activities promote the character development of participants, enhance the educational mission and promote civility in society. Therefore, student-athletes, coaches, spectators and all others associated with high school activities programs and events should adhere to the fundamental values of respect, fairness, honesty, and responsibility. These values should be established as a priority among all OSAA member high schools.

It is the responsibility of each member high school to establish policies for sportsmanship and ethical conduct consistent with the educational mission and goals of that school and to continually educate students, coaches, teachers, parents, and all involved about those policies.

KEY ELEMENTS OF CITIZENSHIP

Honor: Performs within the letter and spirit of the rules of the game.

Honesty: Obeys prohibitions against lying, cheating, stealing, and violence.

Responsibility: Accepts duty to behave in a consistent, trustworthy manner.

Self-Control/Discipline: Ability to hold disruptive emotions.

Courage: Fortitude to stand up for what is right.

Respect: The Golden Rule of treating others as we would like to be treated.

Integrity: The quality of having strong moral principals.

Knowledge: An understanding of the realm of citizenship.

PARENTS / STUDENTS / SPECTATORS

- Respect both players and fans of opposing teams.
- Be a role model! Don't harass or trash talk opponents or officials before, during or after a contest.
- Recognize and support the efforts of coaches, officials, leagues, and school administrators.
- Support your child/peer with positive actions and encouragement.
- Respect the officials' judgement and interpretation of the rules.
- Accept both victory and defeat with pride and compassion.
- Applaud all participants' efforts – win or lose.

**YOUR ACTIONS
SPEAK LOUDER THAN WORDS**

YOUTH SPORTS

www.sportsparenting.org
www.navs.org

**EVERYONE NEEDS TO TAKE PART
IN THE FUNDAMENTALS**

- Show respect for the opponent at all times.
- Show respect for the officials.
- Know, understand and appreciate the rules of the contest.
- Maintain self-control.
- Recognize and appreciate levels of skill attained regardless of affiliation.
- Recognize that participation in a contest is a privilege.
- Maintain a balance.
- Participate in a variety of activities and have fun.

**ADMINISTRATORS
ATHLETIC DIRECTORS**

- Establish a positive school environment.
- Emphasize educational goals and publish regulations governing interscholastic activities.
- Inform coaches, student body, and fans of expected behavior.
- Take a stand and uphold codes of conduct.
- Evaluate coaches' performances on the principals of citizenship, not just on win-loss records.

SUPPORT CITIZENSHIP

PARTICIPANTS

- Treat opponents with respect.
- Exercise self-control.
- Display modesty in victory and graciousness in defeat.
- Accept the judgement of the officials without complaint or unnecessary gestures.
- Congratulate the opponents in a sincere manner following victory or defeat.
- Accept the responsibility and privilege of representing your school and community.

PLAY FAIR

COACHES AND ADVISORS

- Instruct students on their responsibilities of citizenship / sportsmanship.
- Respect the officials' judgement and interpretations of the rules.
- Publicly shake hands with the officials and opposing coaches before and after each contest.
- Be sensitive to explosive situations; remove player(s) before problems arise.
- Communicate program goals and objectives.

BE A ROLE MODEL

One man practicing sportsmanship is far better than fifty others preaching it.

- Knute Rockne

Winning is for a day – sportsmanship is for a lifetime.

Sportsmanship is winning– even if you lose the game.

Fans are not at an event to intimidate or ridicule, but to support and enjoy the competition.

Good sportsmanship begins with you.

Always do right. This will gratify some people and astonish the rest.

- Mark Twain

CHEERLEADERS

- Always set a good example for spectators to follow.
- Greet the visiting cheerleading squad and treat them as your guests.
- Stimulate and control positive crowd cheers.
- Be sure that words or gestures used in a cheer do not offend the audience.
- Divert the crowd's attention with a popular cheer when booing or other negativity begins.

BE A POSITIVE LEADER

BAND

- Choose appropriate music and time for performing.
- Show respect at all times for officials, opponents, and spectators.
- Show respect at all times for public property and equipment.
- Avoid offensive gestures and language.

BE SUPPORTIVE

OFFICIALS

- Accept your role in an unassuming manner.
- Maintain confidence and poise, controlling the contest from start to finish.
- Never exhibit emotions or argue with participants and coaches when enforcing rules.
- Do your part to promote sportsmanship within your association and among schools.
- Be consistent in your approach to every game.

SPORTSMANSHIP MATTERS

www.osaa.org

Academic Eligibility

To participate in any athletic program or any other extracurricular activity a student must remain academically eligible. Academic eligibility for CCS athletes will mirror the current school handbook.

All high school athletes are required to be on track for graduation and academically eligible based on the current OSAA handbook. Please refer to www.osaa.org for eligibility criteria.

The principal is responsible for tracking and communicating academic ineligibility with students, parents, the coaching staff and any other pertinent individuals.

Participation Prerequisites

Each student who participates in any athletic program at CCS is required to have completed the following documents:

1. A completed registration form available online at www.ccsmolalla.com.
2. Sports Physical – Beginning with junior high, Oregon state law requires athletes to have a sports physical every two years, i.e. 7th grade, freshman & junior or 8th grade, sophomore & senior years if entering school after the 7th grade year. Football players must have a sports physical every year. A sixth grader playing middle school sports is not required by state law to have a sports physical, but CCS would encourage parents to have their sixth grade athletes examined, especially if participating in junior high athletics.
3. Medical Release – Allows a school official to secure medical treatment for an athlete when a parent or guardian is not available.
4. OSAA transfer rules apply to high school students moving from public high schools to CCS. Check with the Athletic Director for eligibility requirements.
5. Concussion – Private School Informed Consent form (high school athletes only) and Parent/Athlete Concussion Information Sheet (all athletes) must be completed annually and be on file prior to the first day of practice.

Athletic Fees

Athletic fees are reviewed and set on an annual basis. **Sports fees are due at the time of registration.**

Country Christian Athletic Policy

Each sport requires a commitment on the part of many individuals: coaches, officials, parents, and students. The following guidelines have been established for our athletic program so that all things can be done decently and in order, and that all words and actions may glorify Christ. If there are any questions, contact the coach that is in charge of that specific activity.

1. All practices and games are mandatory, unless excused by the coach in advance. At the high school and junior high levels, it is important to understand the importance of preparation, team work, and personal responsibility to your team. Furthermore, young people in these age groups are developing habits and life patterns. As such, athletics is part of the training process for adulthood).

Exemptions:

** If sick during the school day, the individual should not attend games or practices unless given approval by the Athletic Director. If possible, please notify the coach if the child leaves school because of illness.

** Family **emergency** or bereavement.

2. 1st unexcused absence – notify head coach as soon as possible.
3. A second unexcused absence will result in suspension from the next game.
4. On the third unexcused absence the individual will be excused from the team. Three unexcused absences shows lack of commitment.
5. To show the desire to learn the skills of any extra-curricular activity the student must be willing to cooperate with the coaches and/or assistants.
 - a. To practice willingly;
 - b. To show respect to those in authority, based on the 4th Commandment, for example...
 1. No talking back;
 2. No grumbling or complaining;
 3. Willingly follow directions.
6. To reflect Christ, we should portray Christian sportsmanship at all times toward: (**See Sportsmanship**)
 - a. each other and opposing team players
 - b. coaches and assistants
 - c. fans and referees.

7. As Christians, we should always respect the property and facilities of others, for example...
 - a. Personal property
 - b. Gyms
 - c. Locker rooms
 - d. If an individual fails to show cooperation or Christian conduct, he/she will receive one warning or reprimand. After the second occurrence, a one game suspension will result.
 - e. All major disciplinary actions will be reported to the principal.

Criteria for Coaches

1. At CCS we will use the following criteria when selecting coaches. They must...
 - a. Possess faith that shows strong Christian character.
 - b. Be able to discipline athletes with proper use of Scripture.
 - c. Be able to instruct athletes using positive reinforcement
 - d. Abide by policies that have been set up by the faculty, Athletic Director, and CCS School Board.
 - e. Have proven skills necessary to coach that specific activity.
 - f. Demonstrate an interest in, and an enthusiasm for, the entire athletic program.
2. All decisions on coaching positions will be made by the Athletic Director based on these criteria and with principal input.

Coaching Code of Ethics

A Coaching Code of Ethics has been made as a guide to follow as a coach at CCS.

- Focus on Christ – The coach must recognize and portray a Christian attitude in light of I Corinthians 10:31, "So whether you eat or drink or whatever you do, do it all to the glory of God."
- Integrity – The coach must act with integrity in performing all duties.
- Competence – The coach must strive to be well prepared and current in order that all duties in the respective discipline are fulfilled in accordance with the mission of CCS.
- Athlete's Interest – The coach must act in the best interest of the athlete's development as a whole person.
- Respect for the Rules – The coach must accept both the letter and the spirit of the rules that define and govern the sport.

- Respect for Officials – The coach must accept the role of officials in providing judgement to ensure that competitions are conducted fairly and according to the established rules.
- Responsibility to Other Coaches – The coach’s conduct toward other coaches must be characterized by courtesy, good faith, and respect.
- Personal Conduct – The coach must maintain the highest standards of personal conduct and support the principles of fair play.

Disciplining Athletes

1. School Handbook
 - a. All disciplinary guidelines for athletics at CCS are found in the school handbook
 - b. These guidelines are to be followed so the mission of the school and athletic program are accomplished.
2. Handling Discipline Problems
 - a. In order that things are done fairly and decently, keep in mind that the entire athletic program is set up for the benefit of the students. In the same way, disciplinary guidelines are set up for the benefit of the student.
 - b. In all cases the coach is responsible for the actions of the athletes under their supervision at the time of a game or practice. Thus it is your judgment along with the mission of the school that guides the course of action that you take during an event of misconduct.
 - c. All major disciplinary actions will be reported to the principal.
 1. Steps for handling general misconduct are:
 - Detail what happened
 - The coach will notify the parent(s) and meet to plan a course of action.
 - The coach, Athletic Director, and Parent (s) will meet to discuss the situation and to join in a united effort in disciplining the child.
 - Disciplinary action will be taken by the school and the school’s administration.
 2. Acts of Gross Misconduct – All acts of Gross misconduct will be reported to, and handled by, the principal. Gross misconduct includes:
 - a. Fighting
 - b. profanity
 - c. Stealing
 - d. Open defiance or disrespect to coaches.
 - e. Vandalism of property
 - f. Use of alcohol, other drugs, or cigarettes.

Chain of Command

In order for steps to be taken in an orderly way, a chain of command has been developed and may be helpful in situations that may arise.

Order from top to bottom

1. Principal (Tom Axmaker)
2. Athletic Director
3. Coach (Individual Sports Coach)
4. Parent

Communication

In all cases, if a parent has a concern that needs to be discussed, he or she should go to the source of that concern. If that source is that coach, then steps should be taken in order to resolve the problem. It is suggested that the parent or coach make an appointment with each other to discuss the problem. **Parents do not confront the coach before during or after an event!!** If you have a problem, please make every attempt to work it out with the person(s) involved. **Do not slander or gossip; handle in a Biblical manner.**

If no resolution can be made at that time, then involve the Athletic Director. If no resolution is made with the Athletic Director, then the Principal will also become involved. It is not suggested that the parent come immediately to the Athletic Director or Principal if there is a concern with the coach. If the parent would happen to contact the Athletic Director or Principal about a coaching issue, they would be directed back to the coach to resolve the matter.

If the coach has difficulties with a child or coaching issues, it is recommended to address the matter with the Athletic Director. In all cases, coaches should be in regular communication with the Athletic Director so he is aware of all matters. Minor issues are left up to the discretion of the individual coach. Major issues and discipline will include the coach, Athletic Director, and principal if needed.

What the coach will communicate to parents

- Philosophy of coaching
- Expectation of the players
- Location and time of all practices and games
 - Practice and game information can also be found at www.ccsmolalla.com
 - Game information for high school athletics can also be located at www.osaa.org

- Team requirements, i.e. practices, special equipment, out-of-season conditioning
- In the event of injury – An accident report form must be completed no later than the next school day after an injury occurs. This only includes an injury that prevents the athlete from continuing practice or causes him or her to miss school, or go to the doctor.
- Discipline

Note: All playing time is left to the discretion of the coaching staff. If there are questions regarding competition involvement, the athlete should approach the coach as to how he/she can work to improve and earn additional playing time.

What we expect from the athletes...

- Be on time for all practices and games
- Communicate with coaches regarding personal playing time, ways to improve, etc.

What we expect from parents...

- A willingness to support the team and coaches. **Be supportive at all times.**
- **Do not coach the coach.** It is important that the coach be allowed to lead their team according to their coaching philosophy.
- Immediate notification of any scheduling conflicts.

Appropriate topics for parents to discuss with coaches...

- Treatment of the child mentally and physically
- Ways for the child to improve- and the general issue of playing time.
- Concerns about the child's behavior
- How they can help and support the coach

Inappropriate issues for parents to discuss with the coach...

- Playing time- specific minutes, situations, etc.
- Team strategy
- Play calling
- Other student athletes

Practice Responsibilities:

1. All students should be dressed in accordance with school dress code stressing modesty at all times.
2. All players should be at the practice location, dressed in appropriate practice wear, and ready to start (muscles already stretched) at the appointed time unless an exception is approved in advance by the coach.
3. Generally, high school practices will take precedence over lower grade games in the Bergstrom Gymnasium, keeping in mind the importance of the home court advantage. Efforts will be made to schedule lower grade games in Bergstrom Gym, as appropriate.

Game Responsibilities

Away Games

1. On the bus there is to be no horseplay that could be deemed unsafe or unbecoming of a Christian. Students are expected to conduct themselves in a Christian manner on the bus and at the games. Failure to do so will result in loss of playing privileges.
2. Bus Seating – Boys and girls team members are not allowed to sit together as they travel on the bus.
3. Dress – All athletes are expected to wear chapel clothes to all away games. Girls may wear slacks in accordance with CCS school dress code. Team warm-ups are the only exception.
4. Team members are expected to stay together and sit together as a team.
5. The coach is responsible for the behavior and actions of the team at all times.
6. Cell phone use will be determined by each individual head coach.
7. Use of Host Facilities at away games – The use of host facilities should be with the utmost respect. As a rule all coaches and players should make sure that the locker room and bench area, as well as any other part of the school we use, is as clean as, or cleaner than, originally found. Any blatant misuse or disrespect of the host facility by a student will result in disciplinary action towards the offender. In addition to any discipline meted out by CCS administration, violators of this policy may be required to write a letter of apology to the host school, and make financial restitution, if necessary.
8. Length of Supervision – Coaches are expected to remain on site until all the players have left the facility. In the event that a coach needs to leave a contest early; the coach should speak with the Athletic Director. An approved assistant coach may assume supervisory responsibility.

Home Games

1. Use of facilities

- All players will be expected to help in the set up and tear down of facilities. – Each team/team member will have assigned responsibilities, during their season.
- No player may leave until released by the coach.
- Building – All students are to remain in the building unless leaving to go home. Horseplay outside is not permitted.

2. Length of Supervision

Coaches are expected to remain on site of the home game until all the players have left the facility, or a parent is present. In the event that a coach needs to leave a game early, the coach should speak with the Athletic Director.

Transportation Responsibilities

Transportation for Practices and Games

Parents are responsible for arranging transportation to and from practices. For elementary students (6th grade and under), when practice is directly after school, it is the responsibility of the parents (not the teacher or coach) to arrange for check out of their athlete from school. Please reference the school handbook for fees associated with not picking up your child on time.

Coaches make every effort to release athletes from practice at the designated practice time. Parents, please be on time, or early, to pick up your athlete from practice, keeping in mind that coaches can not leave until all athletes have been picked up.

Students may not ride to away games in their own vehicles. In extraordinary situations, parents may transport their kids to away games if approved by the coach and the Athletic Director at least twenty-four hours in advance of the departure time. Students are expected to ride the bus home from away games unless the parent has signed the Transportation Form after the game. Students may not ride home with another student's family unless a letter signed by the student's parents is presented to the AD or Principal, and approved by same, at least twenty-four hours prior to departure.

- Transportation to and from away games is the responsibility of the parents for the following sports teams:
 - All sports for grades Kindergarten through 4th grade.
 - All Grade School and Jr. High baseball & softball teams.

- Transportation to and from away games will be provided by the school for the following sports teams:
 - 5th/6th & Jr. High volleyball.
 - 5th/6th & Jr. High basketball
 - All High School sports teams.

Return times from away games are approximate! We will make every attempt to notify parents by cell phone of the expected arrival time back to the school. Parents, please be waiting at the school when the team arrives, as the coaches can not leave until all players have been picked up.

Uniform Use

All uniforms will be handed out and collected by the coach.

Care – The individual athlete is responsible for care of his or her uniform. Game uniforms are not to be used for practice wear, or worn to non-school activities. Game jerseys or warm-ups may be worn, if appropriate, on spirit days. Uniforms are to be washed in cold water and are to be air-dried. Machine drying will damage the material and numbers. At the end of the season, it is the responsibility of the athletes/family to wash and dry all uniform parts that are to be turned back into the athletic department at CCS.

Damaged materials – If a child loses or damages a uniform, they will be required to pay for the lost or damaged uniform before another uniform is issued.

Forgetting Uniforms – Extra uniforms are not taken to away games. If a student forgets his or her uniform they may not, depending on the sport, be allowed to play.

Equipment – Make sure to keep track of all equipment. Loss of equipment means additional fees.

Failure to return any equipment at the end of the sports season will result in a replacement fee being charged to the students school account.

Letter Awards

Receiving a varsity letter award is an honor that all high school athletes aspire to. It is important to understand that an athletic letter stands for more than just being on the roster. It shows a sense of commitment, talent, and attitude, which is demanded at the highest caliber of play in our program. In conjunction with the varsity coaches at CCS, the athletic department has developed standard criteria for awarding varsity letters to those participating and deserving of such honor. While it is our intent to include all who deserve this honor, it is not our

intention to award varsity letters to all high school athletes in a particular sport should there be both varsity and JV squads. **Some** athletes who swing between varsity and JV will earn, deserve, and be awarded a varsity letter, while others may not earn their letter through sufficient varsity participation. This policy will vary depending on the sport.

- Volleyball Lettering Criteria:
 1. Must participate (on the court or on the bench) in 50% of the Varsity team's regular season competitions.
 2. Complete the entire season, with the exception of season ending injuries. Injured players will be expected to participate in all of the team functions, including playoffs.
 3. If added to the roster for playoffs only, it is up to the discretion of the coaching staff whether or not the athlete will letter.
 4. Must have followed any and all rules set by the league, the OSAA, as well as those policies set by the CCS athletic program.
 5. Must display an attitude of good sportsmanship on the court and good citizenship off the court. This includes having pride in your team, school and yourself.
 6. Must be making academic progress towards graduation.
 7. If there is any special situation which can not be handled by the above guidelines it will be up to the coaching staff to decide if a letter is awarded.

- Cross Country Lettering Criteria:
 1. Must participate in a minimum of 5 races as a Varsity runner (top 7 entered), or be a senior.
 2. Complete the entire season, with the exception of season ending injuries. Injured players will be expected to participate in all of the team functions, including playoffs.
 3. Must have followed any and all rules set by the league, the OSAA, as well as those policies set by the CCS athletic program.
 4. Must display an attitude of good sportsmanship when participating and good citizenship when not with the team. This includes having pride in your team, school and yourself.
 5. Must be making academic progress towards graduation.
 6. If there is any special situation which can not be handled by the above guidelines it will be up to the coaching staff to decide if a letter is awarded.

- Basketball Lettering Criteria:
 1. Must participate in a minimum of 32 minutes of varsity playing time during the season.
 2. Complete the entire season, with the exception of season ending injuries. Injured players will be expected to participate in all of the team functions, including playoffs.
 3. If added to the roster for playoffs only, it is up to the discretion of the coaching staff whether or not the athlete will letter.
 4. Must have followed any and all rules set by the league, the OSAA, as well as those policies set by the CCS athletic program.
 5. Must display an attitude of good sportsmanship on the court and good citizenship off the court. This includes having pride in your team, school and yourself.
 6. Must be making academic progress towards graduation.
 7. If there is any special situation which can not be handled by the above guidelines it will be up to the coaching staff to decide if a letter is awarded.

- Baseball Lettering Criteria:
 1. Must play in 5 varsity games during the season.
 2. Complete the entire season, with the exception of season ending injuries. Injured players will be expected to participate in all of the team functions, including playoffs.
 3. If added to the roster for playoffs only, it is up to the discretion of the coaching staff whether or not the athlete will letter.
 4. Must have followed any and all rules set by the league, the OSAA, as well as those policies set by the CCS athletic program.
 5. Must display an attitude of good sportsmanship on the field and good citizenship off the field. This includes having pride in your team, school and yourself.
 6. Must be making academic progress towards graduation.
 7. If there is any special situation which can not be handled by the above guidelines it will be up to the coaching staff to decide if a letter is awarded.

All athletic participants will be awarded a certificate acknowledging their participation in the sports season at an awards ceremony.

An awards ceremony for Jr. High and High School teams will be held as soon as possible following the latest possible state playoff date.

Gate & Concessions

At this time, we rely on the volunteer help of all the parents of our student athletes. We ask that every family signs up to work 2 times. When you work, you will be compensated by receiving free admission into the game, or a free "main dish" meal voucher from the concession stand. We appreciate your willingness to help, and could not have a successful athletic department without you.

Sports Pictures

Sports pictures are taken of all teams and individual athletes. Picture packages are available for parents to purchase. For more details or to access a picture form please visit the school website at www.ccsmolalla.com/athletics.