

# October

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 BEEF & BEAN TOSTADA	5 CHICKEN SANDWICH	6 GRILLED HAM AND CHEESE	7 FIGAROS PIZZA	8	9
10 CHILI AND CHEESE NACHOS	11 CHICKEN NOODLE SOUP AND BREAD STICK	12 CHICKEN NUGGETS	13 COOKIES \$0.75	14 FIGAROS PIZZA	15	16
17 MAC AND CHEESE	18 CHEESE QUESADILLA	19 PASTA WITH MEAT SAUCE	20 BREAD SITCK \$0.75	21 FIGAROS PIZZA	22	23
24 /31 CHOCOLATE CHIP PANCAKE AND SAUSAGE	25 CHICKEN CAESAR WRAP	26 CHICKEN TERIYAKI RICE BOWL	27	28 FIGAROS PIZZA	29	30

## NOTES:

BEEF AND BEAN TOSTADA:  
SEASONED GROUND BEEF,  
REFRIED BEANS, CHEESE,  
SHREDDED LETTUCE

CHICKEN SANDWICH:  
BREAED CHICKEN PATTY  
SERVED ON A BUN WITH  
A SLICE OF CHEESE

CHICKEN CAESAR WRAP:  
CHICKEN, ROMAINE LETTUCE,  
BACON, PARMESAN CHEESE,  
CAESAR DRESSING

CHICKEN TERIYAKI RICE  
BOWL: CHICKEN SERVERD  
OVER A BOWL OF RICE WITH  
TERIYAKI SAUCE

